

improving

**health
services**

**in
Orpington**

**A consultation on changes
to how health services are
delivered in the Orpington area**

This is a consultation by the board of Bromley Primary Care Trust, known as NHS Bromley and supported by South London Healthcare NHS Trust, Bromley Healthcare, Community Links Bromley, and Oxleas NHS Foundation Trust

Better Healthcare for Orpington

Your local NHS, led by GPs, is planning some changes to health services in the Orpington area, and we want to hear your thoughts on them. This summary has been produced to give you an overview of our proposals. Information on how to get a copy of the full consultation document and how to respond is included later.

“Enactment of the unsustainable provider regime at South London Healthcare NHS Trust is not currently anticipated to impact directly on this consultation. However any Special Trust Administrator recommendations developed that affect this review will need to be taken into account in planning for future services in Orpington and Bromley.”
NHS London

Orpington residents will be most affected by our proposals. Other residents in Bromley are also regular users of services in Orpington.

We have developed a set of proposals that will put **services in the most appropriate places**, keeping frequently used services close to where people live, and moving specialist services to local hospitals where the best treatment can be given. We will also improve the quality of GP services and **support people to live healthier lives** through advice services and access to health tests.

This will move some non-urgent care away from hospitals, and for the most complex of healthcare needs bring these together, ensuring that as much money as possible is directed to patient care and away from maintaining buildings.

These changes complement the many improvements that have already taken place.

Our proposals

Our proposals focus on offering the kind of health service that we know local people need. We are already increasing support for wellbeing across the whole of Bromley borough. In Orpington, our proposals enhance this approach and focus on the specific needs of local people.

Some of the main causes of death in Bromley are circulatory disease, cancer and respiratory disease. Some of these conditions are linked to diabetes and high-blood pressure – both of which are increasing. We also have a need for more mental health and dementia services. We need to address these growing concerns.

Our consultation asks for your views on two different approaches to this challenge – the creation of a new **Community Health & Wellbeing Centre** with a wider range of services (our preference), or the creation of a smaller **Local Health Centre** that will keep the most essential services locally and move others to clinics, GP surgeries and local hospitals across a wider area.

Both proposals offer local people all of the essential health services needed in the area and provide new premises for three GP practices.*

The **Health and Wellbeing Centre** is our preference as it aims to bring many more out-of-hospital services together under one roof. We think this one-stop approach is good because it enables people to get health tests, advice and other services all at the same time.

We want the centre to be a place where people drop into, pick up advice and perhaps join in a healthy living session. These kinds of services can't be offered in busy hospitals or small GP clinics.

The proposed **Local Health Centre** would ensure that people still have access to the essential health services, but wouldn't offer any of the extras.

Where would these new buildings be?

As part of our conversations with local people we have been exploring a number of possibilities, for this centre, which include an accessible high street location in a new or existing building, or rebuilding a suitable sized facility on the Orpington Hospital site or elsewhere in Orpington.

*The three practices are Tubbenden Lane, Knoll Rise Surgery and Sevenoaks Road Surgery. As of 1st July 2012 Knoll Rise Practice and Sevenoaks Practice became Knoll Medical Practice.

Outpatient services, dermatology, hydrotherapy and intermediate care

Other services currently delivered at Orpington Hospital will be moved to nearby hospitals to deliver services more effectively. Outpatient services (hospital appointments that people don't need a hospital stay for) will move to Princess Royal University Hospital (PRUH), or in a few cases, Queen Mary's Hospital, Sidcup (QMS) so that the specialist teams who deliver them can work together and are able to liaise directly with other departments that provide tests and treatment. A list of these services is available in the full consultation document.

For dermatology (skin) services, patients with less complex skin conditions will go to either our proposed new centre in Orpington or choose other community clinics in the area. More complex dermatology services will move to a new specialist centre at Queen Mary's Hospital, Sidcup, which will also serve patients across south east London.

Intermediate care (a range of services which helps faster recovery from illness or avoids unnecessary admission to hospital) would continue to bring a greater focus on home-based care, with less use of residential hospital beds – a recent survey of previous patients of this service told us that 84.8% preferred care at home. We are proposing to buy less beds (about 42 instead of 62) to offer more care at home.

Hydrotherapy will be available at alternative sites (e.g. QMS, Phoenix Centre) to support NHS patients. People with a learning disability who currently use the pool at Orpington will be offered individual solutions to ensure their needs continue to be met.

The **quality of South London Healthcare NHS Trust (SLHT)** services has been independently shown as good; with low infection and mortality rates. we are continuing to commission services from the Trust.

Investing in prevention and recovery across Bromley

- Helping people stay healthy and independent
- Counselling and psychological therapies
- NHS health checks (vascular)
- Telehealth (technology to monitor health remotely)
- More rehabilitation at home
- Help at home to avoid hospital
- More services for dementia
- Joined up health & social care
- More services at GP surgeries
- Healthy eating programmes
- Screening for common health concerns
- More help for expectant young mothers
- More care options away from hospitals

A new Community Health and Wellbeing Centre



OR

A local health centre



PLUS

FOR BOTH OPTIONS

PLUS

Outpatient clinics at centres of excellence - PRUH, QMS and Beckenham Beacon

A specialist Dermatology centre at QMS for complex skin conditions

Hydrotherapy at various suitable sites

More intermediate care in people's homes, leading to a reduced number of intermediate care beds from 62 to 42, to take account of this

What's the difference between the two proposals and services currently offered at Orpington Hospital?

Service	A Health & Wellbeing Centre	A local health centre	Current services Orpington Hospital
Diabetes Services - Podiatry - Dietetics - Obstetrics - Eye care (retinopathy)	✓	✓	✓
COPD	✓	✓	✓
Blood tests (phlebotomy)	✓	✓	✓
Physiotherapy (MSK and acute)	✓	✗	✓
X-ray (radiology) and ultrasound	✓	✗	✓
Health promoting activities	✓	✗	✗
Voluntary sector advice	✓	✗	✗
Contraception and colposcopy (less complex)	✓	✓	✓
Elderly care outpatients	✓	✗	✓
Community clinics (group)	✓	✗	✗
GP practices requiring improved clinical space	✓	✓	✗
Hydrotherapy	Various sites	Various sites	✓
Specialist outpatients	PRUH, QMS and Beckenham Beacon	PRUH, QMS and Beckenham Beacon	✓
Intermediate care	Community setting in Bromley	Community setting in Bromley	✓

The benefits of our proposals

- A new style of local health with a focus on the kinds of services that help to prevent ill health developing
- Support for local GPs and community health services to do work that makes the greatest difference
- Improved buildings for three local GP practices that lack space and are not accessible to people with disabilities, have steep staircases or do not offer privacy
- Care for patients with complex conditions, in centres of excellence, building on recent improvements in cardiology (heart), rheumatology (joint) and stroke, with all of the experts working together, alongside equipment needed to do tests
- More local sites for common tests like blood testing and vascular risk checks
- Better use of the money available for healthcare in Bromley
- Increased rehabilitation services, in the most appropriate settings.

Making the best use of NHS money

Nationally, we need to get better value for money for our NHS. People are living longer, with ongoing health care needs and we need to make sure that as much NHS money as possible is spent directly on patients. Orpington Hospital is unsuitable for modern care and needs upto £3 million to bring it to a suitable standard. Once we make these changes to improve health outcomes over £2 million will be needed by South London Healthcare NHS Trust every year to run the building, before a single patient receives any treatments. For this reason, we cannot recommend continuing to provide services out of Orpington Hospital.

How to respond

This leaflet provides a summary of our proposals. You can read the full consultation document by downloading it from our website at:

www.selondon.nhs.uk/orpingtonconsultation

You can also return the freepost postcard to our independent partner, Opinion Leader to receive one in the post, request one by calling **020 7861 3080** or emailing nblythe@opinionleader.co.uk

Copies of the full document are also available from local libraries, GP surgeries and other health centres.

The document will also be available in easy read, audio, large print or Braille format, on request, and we can provide support if you need help to respond.

This consultation will run from **16 July – 29 October 2012**

All responses go directly to Opinion Leader – an independent company who are receiving your responses on behalf of the NHS and will report back on what you have told them. The local NHS will not see individual responses.

If you have specific concerns about any health service you receive and would like to speak to someone about them, please contact PALS (Patient Liaison Service) on 0800 389 5118

Find out more

If you would like to find out more about our proposals there are a number of opportunities available:

Public meetings

We will be running two public meetings for information and questions.

Thursday 9 August 2012, 7pm
Wednesday 19 September 2012, 2pm
Crofton Halls, York Rise, Orpington

If you have specific questions or concerns that you would like a conversation about, we are also hosting a series of **drop in sessions** around the borough. You can find full details of these on our website.

www.selondon.nhs.uk/orpingtonconsultation



Please send me a copy of the full consultation document on the future of health services in Orpington.

Mr/Mrs/Ms _____

First name _____

Last name _____

Address _____

Postcode _____



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